HITRUST e1 ASSESSMENT AND CERTIFICATION

HITRUST®

Efficient, flexible, foundational cybersecurity.

The HITRUST e1 Assessment offers a streamlined and flexible cybersecurity assurance solution for start-ups, organizations with a lower-risk profile, or those beginning their information security journey. The e1 is focused on the most critical cybersecurity controls, enabling organizations to demonstrate trustworthy assurance while working toward a higher level of security. Meeting the 44 control requirements is an efficient way to show foundational cybersecurity controls are operating effectively to protect the organization. The e1 is also a faster assessment option to obtain assurances, establish benchmarks, and identify coverage gaps.

Unique Attributes of the HITRUST e1 Assessment

- **Foundational Cybersecurity -** Built on essential controls recommended by HITRUST and numerous other standards/authoritative sources.

- **Effort Reduction -** Focuses on a leaner set of 44 controls, minimizing the time needed to perform an assessment.

- **Maximizes Efficiency -** Control nesting means work from the e1 can be leveraged in other HITRUST Assessments.

- **Rapid Results -** Offers a faster and more efficient certification process.

## Why should organizations trust the HITRUST e1 Assessment and Certification?

All HITRUST assessments are built on the HITRUST CSF®, a framework incorporating more than 50 relevant standards, best practice frameworks, and regulations into a single, flexible control library that is mapped to authoritative sources such as ISO/IEC, NIST, HIPAA, PCI, GDPR, and others. Utilizing such a large universe of potential controls is what makes the HITRUST CSF suitable for organizations of all types and sizes, regardless of industry.

Additionally, HITRUST's Cyber Threat Adaptive engine enables all assessments, including the e1, to remain adaptive to the ever-changing threat landscape. By analyzing cyber threat intelligence trends, HITRUST proactively updates control requirements to mitigate risks such as phishing, brute force attacks, and ransomware. This ensures your organization is always prepared for new and emerging threats.

All submitted e1 assessments are evaluated by highly trained, independent External Assessors who use consistent methodologies to assess, test, verify and score customer environments using the prescriptive HITRUST methodology. HITRUST's Quality Team also reviews and validates all submitted assessments and scores the organization's control strength and maturity.

Breach Rate of HITRUST Certified Environments in 2022 & 2023

99.4% No Reported Security Breach

0.6% Security Breach Reported
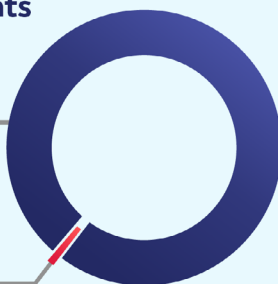
Fewer than 1% of HITRUST-Certified environments experienced a cybersecurity breach over the two years of 2022-2023, compared to industry reported double-digit breach rates. HITRUST is the only assurance program measurable enough to monitor and quantify a precise number of information security events

e1 for Third Party Risk Management

Given that 50% or more of data breachers are caused by third party vendors, it is critical to protect your organization by obtaining information security assurances from business partners with whom you share online networks or sensitive data. The e1 Assessment allows relying parties to request a reliable information protection assurance from their business partners against a broad set of controls that demonstrate leading security practices. The e1 is an excellent assurance option for reducing vendor information security risk.

Key Features of the HITRUST e1 Assessment

- **44 Curated Control Requirements -** Offers reliable, foundational assurance with a focus on control implementation maturity.

- **Validated, Scored Assessment –** Unlike questionnaires, provides a scored and validated assessment, offering more in-depth and reliable assurances to stakeholders.

- **Threat-Adaptive Protection -** Leverages current threat intelligence trend data to update control requirements and proactively defend against emerging threats.

- **Traversable Assurance -** Accelerates and simplifies the journey to stronger assurances by allowing reuse of e1 work in other HITRUST assessments.

- **Certification Option -** One-year certification for organizations that successfully meet scoring threshold, allowing organizations to demonstrate security.

Adding AI Security to the e1 Assessment

With the launch of HITRUST's AI Security Assessment and Certification, organizations deploying AI products can now add AI-specific controls to an e1 Assessment in order to achieve maximum protection and address multiple compliance needs within one streamlined solution.

e1 At A Glance

Purpose (Use Case)	Provides entry-level assurance focused on the most critical cybersecurity controls to demonstrate that essential security hygiene is in place.
Number of HITRUST CSF Requirements on a 2-Year Basis and Maturity Levels Considered	44 (Year 1), 44 (Year 2), Implemented
Policy and Procedure Consideration	Minimal
Flexibility of Control Selection	No Tailoring
Evaluation Approach	1x5: Implementation control maturity level
Level of Effort / Level of Assurance Conveyed	Low (for organizations that present a low level of information security risk)
Control Requirements Performed by Service Providers	Allows Carve-Outs or Inclusion
Certifiable Assessment	Yes, 1 Year
Supporting Assessments	Readiness
Aligned Authoritative Sources	CISA Cyber Essentials, Health Industry Cybersecurity Practices (HICP) for Small Healthcare Organizations, NIST 171's Basic Requirements, NIST IR 7621
Provides Targeted Coverage for One or More Authoritative Sources	No
Uses the HITRUST Results Distribution System™ to Share Results	Yes
Leverages HITRUST Assurance Intelligence Engine™ (AIE) to Prevent Omissions and Errors	Yes

Why Choose HITRUST?

For over 17 years, HITRUST has developed reliable assurance mechanisms that are measurable, quantifiable, and proven. Our methodologies, built around a harmonized framework of over 50 authoritative sources, incorporate relevant, implementable control specifications that provide organizations with the assurance they need to protect their systems. Our flexible offerings are designed to be accessible, scalable, and suitable for organizations of any size, from small startups to large enterprises. With a centralized review process, third-party independent testing, and gold-standard certifications, HITRUST is the only organization that provides the level of reliability, consistency, and thoroughness required to secure systems today.

Contact Us

For more information on the HITRUST e1 Assessment and Certification, visit: **hitrustalliance.net/assessments-and-certifications/e1**