

# HITRUST i1 ASSESSMENT AND CERTIFICATION



## Leading Security Practices for Comprehensive Cyber Threat Protection

The HITRUST i1 Assessment is a broad-based, threat-adaptive solution that leverages HITRUST-curated controls to ensure organizations are exercising leading security practices. The i1 Assessment and Certification provides reliable assurances against both current and emerging cyber threats, offering an effective way to establish and maintain a

strong cybersecurity program. The i1 focuses on implementation and with 182 control requirements is a robust but efficient way to demonstrate operational security and maturity and build stakeholder confidence. Work performed during the i1 process can also be applied toward r2 Certification.

## Unique Attributes of the HITRUST i1 Assessment

- **Leading Security Practices** - Regular updates based on threat intelligence ensure your organization stays ahead of emerging risks.
- **Streamlined Assessment Process** - Focus on operational performance minimizes the time required to measure program maturity.
- **Higher Reliability** - Stronger assurances compared to similar assessments with the same time investment.
- **Rapid Recertification** - Simplified processes allow quick re-certifications for maintaining compliance.

## Why should organizations trust the HITRUST i1 Assessment and Certification?

All HITRUST assessments are built on the HITRUST CSF®, a framework incorporating more than 50 relevant standards, best practice frameworks, and regulations into a single, flexible control library that is mapped to authoritative sources such as ISO/IEC, NIST, HIPAA, PCI, GDPR, and others. Utilizing

such a large universe of potential controls is what makes the HITRUST CSF suitable for organizations of all types and sizes, regardless of industry.

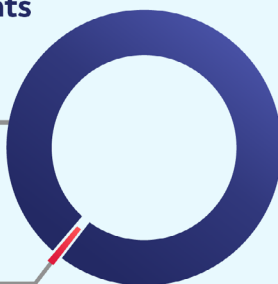
Additionally, HITRUST's Cyber Threat Adaptive engine enables all assessments, including the i1, to remain adaptive to the ever-changing threat landscape. By analyzing cyber threat intelligence trends, HITRUST proactively updates control requirements to mitigate risks such as phishing, brute force attacks, and ransomware. This ensures your organization is always prepared for new and emerging threats. The control requirements included in the i1 Assessment and Certification cover 100% of addressable Techniques, Tactics, and Procedures (TTPs) included in the MITRE ATT&CK Framework.

All submitted i1 assessments are evaluated by highly trained, independent External Assessors who use consistent methodologies to assess, test, verify and score customer environments using the prescriptive HITRUST methodology. HITRUST's Quality Team also reviews and validates all submitted assessments and scores the organization's control strength and maturity.

### Breach Rate of HITRUST Certified Environments in 2022 & 2023

99.4%  
No Reported  
Security Breach

0.6%  
Security Breach  
Reported



Fewer than 1% of HITRUST-Certified environments experienced a cybersecurity breach over the two years of 2022-2023, compared to industry reported double-digit breach rates. HITRUST is the only assurance program measurable enough to monitor and quantify a precise number of information security events

## i1 for Third Party Risk Management

Given that 50% or more of data breaches are caused by third party vendors, it is critical to protect your organization by obtaining information security assurances from business partners with whom you share online networks or sensitive data. The i1 Assessment allows relying parties to request a reliable information protection assurance from their business partners against a broad set of controls that demonstrate leading security practices. The i1 is an excellent assurance option for reducing vendor information security risk.

## Key Features of the HITRUST i1 Assessment

- **Pre-set Control Requirements** – 182 HITRUST-curated controls ensure a robust but streamlined approach to cybersecurity assurance.
- **Inheritance Capabilities** - Allows organizations to reuse results from prior assessments and inherit controls performed by third-party providers, significantly reducing time and resources.
- **Certification Option** - One-year certification for organizations that successfully meet scoring threshold, allowing organizations to demonstrate security.
- **Progression to Higher Assurance** - Work process can also be applied toward r2 certification.
- **Assess Once, Report Many™** - Fulfill multiple requirements with a single assessment to reduce redundancy.

## Adding AI Security to the i1 Assessment

With the launch of HITRUST's AI Security Assessment and Certification, organizations deploying AI products can now add AI-specific controls to an i1 Assessment in order to achieve maximum protection and address multiple compliance needs within one streamlined solution.

### i1 At A Glance

Purpose (Use Case)	Provides a moderate level of assurance that addresses cybersecurity leading practices and a broader range of active cyber threats than the e1 assessment
Number of HITRUST CSF Requirements on a 2-Year Basis and Maturity Levels Considered	182 (Year 1), ~60 (Year 2 with Rapid Recertification), Implemented
Policy and Procedure Consideration	Minimal
Flexibility of Control Selection	No Tailoring
Evaluation Approach	1x5: Implementation control maturity level
Level of Effort / Level of Assurance Conveyed	Moderate, (relative to r2 Certification)
Control Requirements Performed by Service Providers	Allows Carve-Outs or Inclusion
Certifiable Assessment	Yes, 1 Year + Rapid Recertification in Year 2
Supporting Assessments	Readiness, Rapid Recertification
Aligned Authoritative Sources	NIST SP 800-171 (Basic and Derived Requirements), HIPAA Security Rule, and HICP for Medium-Sized Organizations
Provides Targeted Coverage for One or More Authoritative Sources	No
Uses the HITRUST Results Distribution System™ to Share Results	Yes
Leverages HITRUST Assurance Intelligence Engine™ (AIE) to Prevent Omissions and Errors	Yes

## Why Choose HITRUST?

For over 17 years, HITRUST has developed reliable assurance mechanisms that are measurable, quantifiable, and proven. Our methodologies, built around a harmonized framework of over 50 authoritative sources, incorporate relevant, implementable control specifications that provide organizations with the assurance they need to protect their systems. Our flexible offerings are designed to be accessible, scalable, and suitable for organizations of any size, from small startups to large enterprises. With a centralized review process, third-party independent testing, and gold-standard

certifications, HITRUST is the only organization that provides the level of reliability, consistency, and thoroughness required to secure systems today.

### Contact Us

For more information on the HITRUST i1 Assessment and Certification, visit: [hitrustalliance.net/assessments-and-certifications/i1](https://hitrustalliance.net/assessments-and-certifications/i1)